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National Cross-Cultural Counseling and Education  
Conference for Research, Action, and Change

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Feb 26th, 7:00 AM

# Cross-Cultural Counseling and Education Conference Program 2016

Child and Family Guidance, Inc.

Georgia Southern University

Coastal Georgia Center

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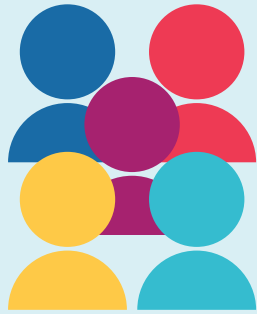
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# CROSS-CULTURAL COUNSELING AND EDUCATION CONFERENCE FOR RESEARCH, ACTION, AND CHANGE

15th Annual Conference | February 26-27, 2016 |  
Coastal Georgia Center, Savannah, Georgia

Sponsored by:



**CHILD AND FAMILY  
GUIDANCE, INC.**



**GEORGIA  
SOUTHERN  
UNIVERSITY**

Hosted by:



# SCHEDULE AT-A-GLANCE

**FRIDAY, FEBRUARY 26, 2016**

7:00 - 8:00 a.m.	Registration and Continental Breakfast Lobby
8:00 - 8:30 a.m.	Welcome and Introduction of Keynote Speaker Room 111
8:30 - 10:30 a.m.	Keynote Address - Lee Mun Wah Room 111 and 113
11:00 a.m. - 12:15 p.m.	Concurrent Sessions
12:15 - 1:30 p.m.	Remarks Networking Luncheon
1:30 - 2:45 p.m.	Ethics/Concurrent Sessions
2:45 - 3:15 p.m.	Break
3:15 - 4:30 p.m.	Ethics/Concurrent Sessions
5:00 - 7:00 p.m.	Reception Lobby

**SATURDAY, FEBRUARY 27, 2016**

8:30 - 9:00 a.m.	Registration and Continental Breakfast
9:00 - 10:15 a.m.	Ethics/Concurrent Sessions
10:15 - 10:30 a.m.	Break
10:30 - 11:45 a.m.	Ethics/Concurrent Sessions
11:45 a.m. - 1:00 p.m.	Lunch On Your Own
1:00 - 2:15 p.m.	Concurrent Sessions
2:15 - 2:30 p.m.	Break
2:30 - 4:30 p.m.	William Cross Lecture Series Yasser Arafat Payne Room 111 and 113
4:30 - 5:00 p.m.	Closing Remarks and PLU Testing Room 111 and 113

Must sign in to  
each session and  
receive stamp on  
certificate in order  
to receive credit.

# WELCOME FROM THE CHAIR

Greetings, Conference Attendees!

Welcome to Savannah, Georgia for an unparalleled learning experience. For 15 years, the Cross-Cultural Counseling and Education Conference for Research, Action, and Change has served as a timely and necessary resource confronting issues of race, ethnicity, and gender. Over the next two days you will be presented with information that speaks to various facets of these topics. The up-to-date research, thought-provoking presentations, and innovative strategies will serve to stimulate you in your professional interactions.

Another exciting part of this conference is the opportunity to exchange ideas and network with everyone here. As the Congolese saying goes, “A single bracelet does not jingle,” so challenge yourselves to connect with others to make a difference.

With Anticipation,

Beth Durodoye, Ed.D., NCC  
Chair, Conference Planning Committee

## 2016 PLANNING COMMITTEE

Dr. Beth Durodoye  
Chair  
Georgia Southern University

Dr. Leon Spencer  
Honorary Chair  
Georgia Southern University

Dr. Lyndon Abrams  
University of North Carolina  
at Charlotte

Dr. Terry Diamanduros  
Georgia Southern University

Dr. David Julius Ford  
James Madison University

Dr. Alejandro Gallard  
Georgia Southern University

Dr. Nathaniel Ivers  
Wake Forest University

Dr. Derrick Paladino  
Rollins College

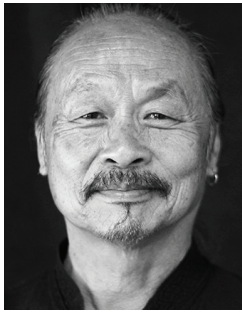
Mrs. Melissa Richardson  
Georgia Southern University

Dr. Carolyn Rollins  
Albany State University

Dr. Patricia Stewart  
Georgia Southern University

Dr. Kristen Dickens  
Georgia Southern University

## KEYNOTE SPEAKER | 8:30 - 10:30 A.M. | ROOM 111-113



**Lee Mun Wah,**  
**M.S., M.A.**  
**Founder of StirFry**  
**Seminars &**  
**Consulting, Inc.,**  
**Berkeley, CA**

### Presentation: Walking Each Other Home: The Art of Creating Community & Connection

There is an African proverb, “To go fast, you must go alone. To go far, we must go together.” I imagine that best describes what community and connection means to me on a very intimate level. Yet, the question that still begs to be answered is how do we find a way to connect with each other when we live in such separate and divided communities? How do we acknowledge and let go of the assumptions and stereotypes that we’ve accumulated about those who live outside our familiar communities and who are ethnically and culturally different from ourselves? How do we break the cycle of fear and distrust, so that we can come together authentically in friendship and connection?

These are but a few of the important issues that are needed to be talked about before we can truly come together as a nation, as a community and in our personal relationships. We cannot keep talking about each other without giving voice and hearing the voices of those we have been taught to be afraid of or to avoid.

There is no shortcut in the journey to create community and connection with those who we do not know or understand. We each must take the time to walk each other home.

Someone once said:

*“Once a seed has been planted and the dream of a better world is experienced, we can never go back. The heart wants more because it has seen what can be possible. No good dream has ever died, it has only gone asleep, waiting for one day to be awakened again.”*

## WILLAM CROSS SERIES SPEAKER | 2:30 - 4:30 P.M. | ROOM 111-113



**Yasser Arafat**  
**Payne, Ph.D.,**  
**Associate**  
**Professor,**  
**Department of**  
**Black American**  
**Studies, University**  
**of Delaware,**  
**Newark, DE**

### Presentation: The People’s Report

Fifteen low-income young adults of color (20-48), formerly of the streets and/or criminal justice system, were organized into a street participatory action research team to conduct a community needs assessment of the Eastside and Southbridge neighborhoods of Wilmington, Delaware. Specifically, this project documented the relationship between economic wellbeing and experiences with physical violence as a function of psychological and social wellbeing. Data were collected from a community sample of mostly street identified Black men and women between the ages of 18-35 in the following forms: (a) 520 community survey packets; (b) 24 individual interviews; (c) four dual interviews; (d) three group interviews; and (e) extensive field observations. Engagement in illegal activities was found to be a site of resilience for street-identified Black men and women as a function of social bonding. Regression analysis revealed that positive attitudes toward economic wellbeing were predictive of fewer experiences with physical violence. Psychological and social wellbeing was also found to mediate the relationship between economic wellbeing and experience with physical violence. Additionally, this lecture will describe the “action” or social activism organized and executed by The People’s Report in Wilmington, DE. More information about The People’s Report can be found at: [thepeoplesreport.com](http://thepeoplesreport.com)

## Conference Strands:



Practice, Strategies, Techniques & Interventions



Identity Formation



Teaching, Training & Supervision



Social Change, Leadership & Advocacy



Ethical Issues & Professional Counseling



Research & Theory

Room 111 ■

## How to have Successful Classroom Discussions on Diversity Issues

In this workshop, the presenter models how to create a safe container in which to have discussions of diversity issues, where each person feels valued and acknowledged. Educators will learn to deescalate conflicts or intense dialogues that may elicit deep emotions. Participants will practice techniques and exercises that enhance community building, healthy ways to communicate, mindful inquiry, and compassion.

*Lee Mun Wah, M.S., M.A., StirFry Seminars & Consulting, Berkeley, CA*

Room 210 ■

## The Empathy Wheel: Creating an Encouraging Space for African American Male Students

This session is based on The Empathy Wheel, a framework for counselors in various settings to use to create an encouraging space for African American male students. This framework includes four basic themes centered on empathy and guides counselors in integrating empathy in their work with these students, thus improving their academic and psychosocial outcomes. Participants will be engaged in discussion around a case study and questions will be fielded throughout the presentation.

*David Julius Ford, Jr., Ph.D., LPC, NCC, ACS, James Madison University, Harrisburg, VA*  
*Gerry Coffee, Ed.D., M.P.A., Bowie State University, B.A. Psychology, Fisk University*

Room 211 ■

## Racial Identity and Academic Identity in African American Adolescent Males

When compared to other students by race and gender, African American males rank lowest in academic achievement. This workshop will present findings from a qualitative dissertation using grounded theory methods that explored how African American adolescent males who were academically unsuccessful previously but are now academically successful, renegotiated their racial identity and academic identities.

*Terrance McClain, Ph.D., LPC, SCL and Thomas W. Blume, PhD; Oakland University, Rochester, MI*

Room 217 ■

## The Impact of a Group Counseling Intervention on Transgender Young Adults' Resiliency

This presentation will report the findings from a research study which investigated the impact of an eight-week group counseling intervention on transgender young adults' resiliency. Specifically, the study tested the hypothesis that the group counseling intervention would increase participants' hopefulness, positive coping skills, social connectedness, and life enhancing behaviors, while reducing their loneliness, suicidal ideation, proneness, and risk-taking.

*Stacey Olden, PhD, Licensed Professional Counselor, University of South Carolina, Columbia, SC*



**WIFI:** CGCGUEST

**PASSWORD:** cgcguest

Room 218

### A Qualitative Exploration of Counselors-in-Training Perspectives on Addressing Value Conflicts Towards Ethical Practice

This qualitative exploration examined reflections of personal value conflicts of spiritually and religiously diverse counseling students at a Christian theological school in the southwest. The data revealed rich and detailed descriptions of the participants' personal experiences and theological foundations that informed their ethical practice. The data provided useful information for counselor educators in their work with students from diverse religious and spiritual orientations that will be discussed in this session.

*Ria E. Baker, Ph.D., LPC-S, Houston Graduate School of Theology, Houston, TX*

Room 111

### ETHICS SESSION: The Collision of Ethics and Culture

Multicultural competence refers to the counselor's attitudes and beliefs, knowledge and skills, advocacy, and ability to emphasize skills to communicate, interact, negotiate, and intervene on behalf of clients from diverse backgrounds (Matrone & Leahy, 2005; Sue, 2001). Lack of sufficient cultural competencies can lead to counselors' unintentional racism, misinterpretation of culturally based behaviors, misdiagnosis and misuse of assessment (Fischer & Chambers, 2003). The goal of this presentation is to increase clinical practitioners and educator's ability to integrate multicultural and social justice counseling competencies, and advocacy competencies in the context of the ACA Code of Ethics in their work with culturally diverse clients.

*Carolyn Rollins, Ph.D., Quiteya Walker, Ph.D., Arline Edwards-Joseph, Ph.D.; Albany State University, Albany, GA; Leon Spencer, Ph.D. and Patricia Stewart, Ph.D.; Georgia Southern University, Statesboro, GA*

Room 210

### Bearing Witness: Using an Ethnopolitical Approach to Treat Victims of Systemic Oppression

An ethnopolitical model serves as a basis for mental health professionals to assist people who have suffered racism, discrimination, and repression throughout history and in contemporary societies (Comas-Diaz, 2000). Mental health professionals must acknowledge that racial, ethnic, and political realities interact with socio-economic, historical, psychological, and environmental factors. Presenters will provide theoretical foundations, strategies for clinicians, and dialogue for action.

*Traci P. Collins, M.S., LPC, Alyx Beckwith, MEd LPC, Atalaysha L. Churchwell, M.S., LPC, LCAB, Joseph A. Dlugos, M.S., NCC, and Latonya M. Graham, M.A., LPC, NCC; North Carolina State University at Raleigh, Raleigh, NC*

Rehabilitation Counseling services are needed to increase access to the primary labor market, community participation, and independent living for individuals with disabilities. This may be especially true during an individual's stage of development known as transition and emerging adulthood. The purpose of this presentation is to demonstrate the need for Rehabilitation Counselors to have a firm understanding of the barriers and facilitators to successful outcomes for transition age and emerging adults with disabilities.

*Nicholas C Derzis Jr., PhD., CRC, Jill M Meyer, PhD, CRC, Margaret E Shippen, PhD, Auburn University, Auburn, AL*

**PANEL: Creating a Focus on Social Justice Training**

Multicultural trainers are often limited to one course which must cover many topics—none of which can be thoroughly explored. The social justice certificate program offers six courses that will solidify their competence and confidence in social action that promotes social justice. Although six courses will be proposed and briefly outlined, details of the foundation course will be presented.

*Kathy M. Evans, PhD, Tiffany Bordonada, M.A. Public Health & Rehab Counseling, Katherine A. Feather, LPC, Chandra L. Goodwin, LPC, Kimberly L. Nelson, M.A., CDF, Jeffrey N. Rose, LMFT; University of South Carolina, Columbia, SC*

**Let's Talk About It! Multiculturalism in the Classroom of Counselor Education Programs!**

This presentation will focus on multiculturalism and the importance of fostering communication inside the classroom. Graduate programs have now integrated multiculturalism into the core curriculum to develop multiculturally competent counselors. This presentation will discuss the findings in literature reviews on counselor education efficiency related to multicultural training and share informative points on how cultural differences can be explored in a respectful manner to foster deeper understanding.


*Tiffanie Sutherlin, Jessica Mayo, Liberty University and Joy Mwendwa, Ph.D.; Liberty University, Lynchburg, VA*

# SAVE THE DATES FOR 2017!

## February 17-18, 2017

### Call for Proposals Open February 26, 2016!




Room 111 

### **ETHIC SESSION: Ethical Issues When Working With Children Across Cultures**

After addressing why talk therapy is often not appropriate when counseling children from different cultural backgrounds, this presentation will focus on essential ethical issues, ethical decision making, and issues specific to counseling children, including confidentiality, parents' rights to information, and use of controversial materials in the playroom.


*Phyllis Post, Ph.D., LPCS, ACS, NCC, RPT, University of North Carolina at Charlotte, Charlotte, NC*

Room 210 

### **PANEL: "Not another Ferguson": A Community Group Effort**

In 2015, a group of social change advocates used a process called "Facilitated Group Listening" (FGL) to foster critical dialogue between African American youth, African American community leaders, and law enforcement representatives. Workshop participants will engage in a brief FGL to experience this technique and results from the community FGL will be shared.


*John Nwosu, MEd, Danyel Addes, M.A., M.S., Jane Page, Rev. Dr., Stacy Smallwood, MPH, Ph.D. and Wendy Denton, M.S.; Georgia Southern University, Statesboro, GA*

Room 211 

### **H.O.P.E: Linking Secondary and Postsecondary Education for Under-Represented and Under-Served Students**

H.O.P.E. (Harnessing Opportunities for Post-Secondary Education) Academic and Leadership Academy focuses on how under-served and under-represented participants acquire strategies, knowledge, and skills that facilitate their intellectual growth, integrity, courage, respect, passion, and leadership experiences. Session participants will discover how these building blocks, gained through academic engagement and relevant workshops, support their academic and personal success goals of academy participants.


*Alexander Hines, MEd, Winona State University, Winona, MN*

Room 212 

### **The Perceptions of Meritocracy of Black Athletes at Predominantly White Institutions**

This presentation will explore the exploitation of Black athletes at predominantly White institutions. The session will also examine microaggression as it relates to the perceptions of Black athletes through the lens of the Critical Race Theory and the Pseudo-Scientific Theory.


*Tamara Brown Payne, Ph.D., LPC, CRC, NCC and Jerry L. Haywood, Jr., Ph.D., CRC, Fort Valley State University, Fort Valley, GA*

Room 217 

### **Teaching Cross-Cultural Competence: Strategies and Suggestions**

This session provides an overview of methods of teaching multicultural competency. Methods for teaching counselor self-awareness and client worldview will be particularly emphasized. Additionally, this presentation will highlight key issues and concepts in multicultural counseling. Resources will be provided to participants to assist in integrating multicultural competence into their teaching, training, and supervision.


*Jennifer Branscome, Licensed Psychologist, Caitlyn Brown, Masters in Clinical Counseling Psychology, Valdosta State University, Valdosta, GA*

Room 111 

## **ETHICS SESSION: A Call to Ethical Ambition. Are we the ones?**

Situating ourselves in our historicity, identity and oppression - Claiming our untapped possibilities in our calling and the professional road we make while walking.


*David Julius Ford, Jr., Ph.D., LPC, NCC, ACS, James Madison University, Harrisburg, VA and Patricia Stewart, PhD, Consultation Conversation Services, Savannah, GA*

Room 210 

## **Gifted in Math: Gender Still Stifles Girls' Math Prowess**

Gifted girls continue to not shine in math achievement as strongly as they do in other fields. Research studies indicate that girls are afraid to use trial and error in math problem solving, for example. Gender becomes a social justice issue that must be addressed for progress to be shown in this critical area.


*Paulette P. Harris, Ph.D., Augusta University, Augusta, GA*

Room 212 

## **Healing Through Canvases: A Creative Approach to School Counseling**

This workshop will explore the integration of creative art techniques and activities in the K-12 school counseling curriculum, with a focus on K-8. Research findings utilized in determining the effect of counseling through a creative arts approach will be discussed. Participants will have the opportunity to engage, first hand, in art-infused guidance activities. Participants will be challenged to discuss how creative art techniques extend healing to diverse student populations.

*Amber Swain, MEd, Savannah Chatham Public School System, Savannah, GA*

Room 217 


## **The "1.5 Generation": Who Are They and What Can They Teach Counselors?**

In the multicultural context of North America, children of immigrants, or the "1.5 generation," feel caught "in-between" cultures, feeling like they neither belong in the culture of their parents nor the dominant western culture. As bi-cultural and bi-lingual people, we examine their potential as cultural bridge makers and further explore how their narratives can provide a new framework for counseling.

*Sophia So-hee Park, Ph.D., Th.D., LMFT, Neumann University, Aston, PA*

## APPROVED CREDITS

1. NASW (Georgia Chapter of National Association of Social Workers)
2. LPCA (Licensed Professional Counselors Association of Georgia)
3. NBCC (National Board for Certified Counselors)
4. 5 Hours of Ethics Participation
5. PLUs (Professional Learning Units)
6. CEUs (Continuing Education Units)


Room 111 

### **ETHICS SESSION: Cultural and Ethical Implications in Counseling and Supervision: Identity, Engagement and Competency**

This presentation will be an interactive workshop exploring how cross- cultural issues and identity impact the counseling and supervision relationship with special population groups, including race, gender, socio-economic status and military personnel and families.

Participants will gain an understanding of the ethical considerations and imperatives for developing cross-cultural competencies when engaged in the counseling and supervision process. Participants will also explore cross-cultural competency as an ethical issue necessary for an ethical decision making process.


*Dr. Leon E. Spencer, NCC, LPC, CPCS, Professor Emeritus, Counselor Education, Georgia Southern University, Statesboro, GA and Marsha Warren, Ed.S., NCC, LPC, CPCS*

Room 210 

### **Three Keys to Overcoming Resistance to Social Change**

So much of what stands in the way of successful and sustainable social change are the perceptions, rationalizations, justifications, excuses and stories we've created (as children) that keep us locked in old habits and patterns as adults. The presenter will share his knowledge, experience, and training of how and why we resist social change. Participants will explore and share their experiences with resistance to social change, and discuss what is holding them back, as well as look at the underlying cause of resistance. Participants will be provided with valuable insights, practical exercises and powerful tools to support them to accept, engage and embrace social change from a place of equanimity, serenity and inner peace.


*Peter Vajda, Ph.D., CPC, True North Partnering, Atlanta, GA*

Room 211 

### **Contextual Career Counseling for Transitioning Military Veterans**

Military culture is a unique subset of the United States, complete with its own language, writing style, norms, membership, rank structure, values, and laws. As numbers of transitioning Veterans increase, counselors must be prepared to assist them properly. Utilizing contextual theory for career counseling, counselors can better understand the impact of the military environment for Veteran clients.

*Meredith A. Rausch, Augusta University, Augusta, GA*

Room 217 

### **Personal and Collective Disability Identity**

This presentation will explore how individuals with disabilities establish and maintain a social identity that incorporates meaning and context into a personal and collective perspective defined as disability identity. Disability identity provides a comprehensive view of identity development for individuals with disabilities. Important for counselors, these components, within the context of Independent Living, illustrate a positive, life-enhancing worldview of disability.

*Rebecca S. Curtis, PhD, CRC, Dr. Jill Meyer, PhD, LCPC, CRC, Angela Hall, M.Ed., Sharon Weaver, M.Ed., Auburn University, Auburn, AL.*

Room 218 ■

### Engaging Students in Literature through the Lens of Social Justice

Many children living in poverty are more concerned with struggling to survive the world they live in than finding out more about the world around them (Jensen, 2009). Presenters will demonstrate how educators can use state education standards in a way that engages students in critically thinking about the problems in their world, and inspire them to create workable solutions.

*Cheryl A. Jamison, MEd, Ph.D., Cameron Storey, B.A. English, B.A. Creative Writing, and Marscida D. Kinlaw, MEd, Coretta Scott King, Young Women's Academy, Atlanta, GA*

Room 111 ■

### Small Prompts, Big Effects: Audio-Visual Discussion Starters for Cultural Awareness

This interactive session focuses on the use of audio-visual prompts as classroom discussion starters. The presenter will share specific prompts (e.g., info-graphics, short articles, quotes, brief videos) that address race, ethnicity, gender identity, and socioeconomic differences. Participants will respond to provided prompts which will be summarized using data related to the use of the prompts in a graduate-level cross-cultural counseling course.

*Lisen Roberts, Ph.D., Western Carolina University, Cullowhee, NC*

Room 212 ■

### Civility and the Diversity Spectrum

This session will highlight the role of civility in counseling and education. Participants will learn the meaning of civility and discuss terms such as prejudice, bigotry, racism, discrimination, homophobia/heterosexism/homonegativity, and White privilege. We will also discuss the four types of microaggressions. Participants will discuss what civility looks like in counseling and education along with the relationship between empathy and civility. Participants will then be guided through an exercise in empathy and civility that puts them in the world of members of various underrepresented and marginalized populations.

*David Julius Ford, Jr., Ph.D., LPC, NCC, ACS, James Madison University, Harrisonburg, VA, and J. Todd Chambers, MS, CRC, LPC, LCAS, The University of the Cumberlands, Williamsburg, KY*

Room 217 ■

### Counselor and Teacher Contributions in Helping Black Middle School Boys Succeed

Counselors and teachers play critical roles in helping Black middle school boys achieve educational and wellness goals. This session presents a review of current research in both teacher education and counselor education related to best practices concerning Black middle school boys, highlighting trends and lessons each discipline can learn from the other to create a more holistic approach to student success.

*Quentin Hunter, MEd CMHC, University of Louisville, Louisville, KY*

Room 218 ■

### Preparing Pre-Service/Future Teachers for Cultural Competence

This workshop will provide participants with ideas to create courses, workshops or continuing education courses that address diversity and cultural competence to not only enhance the skill set of pre-service teachers, but to enhance their core competencies in multicultural awareness, knowledge and skills. A year-long research project, professional developmental laboratories, and diversity and cultural competence assessments for future teachers, upon which these ideas are based, will be discussed.

*Alexander Hines, MEd, Counseling & Guidance Services, Winona State University, Winona, MN*

# CONFERENCE NOTES



**WIFI:** CGCGUEST  
**PASSWORD:** cgcguest